

*Love Thy Self*





## Chapter 6

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**I**n this chapter I am going to break down why loving thyself is very important to your life. I will also look at what God says about the confidence He provides us.

*Psalms 27:3 states, David was going thru trials but in Gods confidence he kept going no matter what, verse 3 says; though an host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident. David was saying even if his enemy surrounded him, he will not become afraid. David stood in his confidence in God's word.*

Looking at more Scriptures regarding confidence in God, let's look at Proverbs 3:26, *For the Lord shall be thy confidence, and shall keep thy foot from being taken.* Proverbs 14:26, *In the fear of the Lord is strong confidence: and his children shall have a place of refuge.* Isaiah 30:15, *For thus saith the Lord God, the Holy One of Israel: In returning and rest shall be saved: in quietness and in confidence shall be your strength: and ye would not.* Galatians 6:9 says, *And let us not be weary in well doing: for in due season we shall reap, if we faint not.* Ephesians 3:11-12 says, *According to the eternal purpose which he purposed in Christ Jesus our Lord: verse 12, In whom we have boldness and*

*access with confidence by the faith of him. Let's look at one more verse about confidence, Philippians 1:6, Being confidence of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ.*

By looking at these verses we get an idea of the confidence we can have in God, when we go through our trials and tribulations. Many times we go through trials with no acknowledgment of where our help really lies. We wander around mountains of trials and God's help is lying right there within us, all the time. Many times we show confidence on the outside but our insides are all messed up.

Confidence has to come from the inside out. Confidence comes from God who dwells on the inside of us. This confidence is about God, it is not about you. We go around thinking if we wear a certain outfit or a certain hairdo or even a certain type of shoes, these material things produces confidence in us. We look to these things to make us feel better about ourselves. In actuality, it really doesn't help much. Now I am not saying you are not supposed to look good to feel good. I am just stating that if you love yourself first, from the inside, the outside will present itself. You won't focus on looking good for others approval, you